

Are you Prepared?

There are some simple steps you can take to prepare you and your family for a disaster. These steps are Be Informed, Make a Plan, Build a Kit, and Get Involved.

It is important to be informed. Some items you should take note include:

- Types of disasters that may affect you.
- Know what to do before, during, and after a disaster.
- Know what media your local officials will be using to provide information during a disaster.
- Learn about the types of disasters and signs that one may be happening.

Another important step is to make a plan. This will allow you to know what you and your family should do during a disaster. This is important too because your family may not be together when a disaster happens. Information to be included in this plan includes important phone numbers, where your family may reunite, and where your family will evacuate to during certain disasters.

The next step is building a kit. It is essential to have a kit that is built prior to disasters. Disaster kits are meant to make life easier during a disaster. Disaster kits include items such as copies of important documents (e.g. insurance information), non perishable food, water, and necessary medications.

The final step is to get involved. By getting involved in local preparedness work you may help others that cannot prepare by themselves or do not know how to prepare get ready should a disaster occur. Some ways to get involved in preparedness include:

- Donate blood
- Assist others who cannot prepare to do so.
- Spread the word about preparedness.
- Volunteer with community preparedness agencies.

There are handouts and other very important tools on www.ready.gov. If you cannot access them online contact us and we will work to get you tools to ensure you are prepared for disasters.