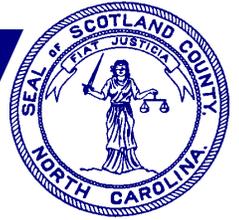


Scotland County

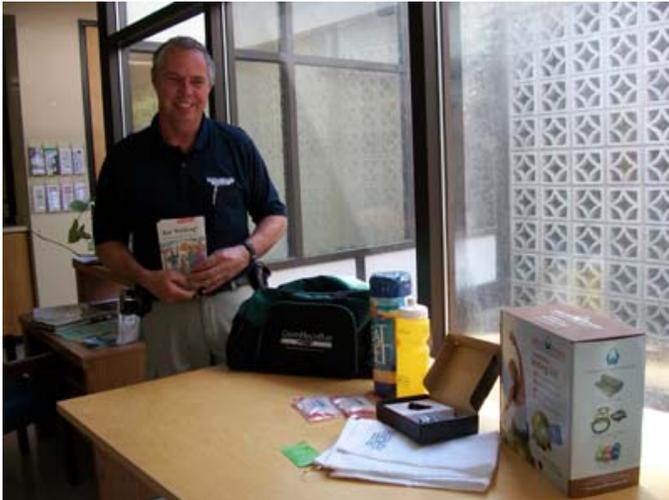
Monthly



APRIL 2010

A newsletter for Scotland County employees

McAllister got fit on Route 66



Clarence "Bud" McAllister, Inspections, shows off his winnings from the Get Fit on Route 66 health and wellness campaign.

Scotland County's Clarence "Bud" McAllister, Inspections, placed fourth in a field of 667 participants who registered to **Get Fit on Route 66**.

The **Get Fit on Route 66** campaign, sponsored by the North Carolina Association of County Commissioners (NCACC), challenged county employees statewide to travel 2,440 miles from Chicago to Santa Monica by calculating the amount of time invested in daily health-related activity.

Each minute of exercise equated to a mile of travel on Route 66 toward Santa Monica.

McAllister arrived at Santa Monica via a web-based program in record time. As part of the elite group of top five winners, McAllister received a sports bag filled with gifts, including an mp3 player, balance ball, water bottle and towels. He also will receive a gift certificate to Dick's Sporting Goods.

NCACC Wellness Coordinator Alissa Willett personally delivered the congratulatory gift to McAllister.

Willett said NCACC plans to initiate different web-based wellness programs twice a year. "The idea is to provide support to wellness and human resources staff across the State since a lot of counties don't have individual wellness programs," Willett explained.

She added, "Getting people active and living healthier lifestyles could contribute to lower insurance costs for the individual and for counties."

Willett said the response to Get Fit on Route 66 was positive. "It got a lot of people off the couch."

Willett currently is exploring a nutrition related program for the fall. Meanwhile, Route 66 participants are encouraged to continue logging minutes even if they have already arrived at the Santa Monica destination.

Scotland Correctional facility slated to be largest in the State

Construction of a medium and minimum-bed facility is underway at Scotland Correctional Institution.

When both facilities are completed, a total of 1,757 inmates ranging from high security close custody through medium to minimum security will be housed at the Institution with 577 people on payroll.

Administrator Joel Herron said, "Of the six 1,000-bed facilities in the State, the one in Scotland County was the first to be constructed and will be the largest operating prison in North Carolina by the end of 2010."

Add-on construction includes a 504 medium-bed facility being built at the rear of Scotland Correctional Institution and a 252-bed minimum structure adjacent to the main building.

According to Herron, the medium facility is more than 80 percent complete and will employ 108 while the minimum-bed facility will fill 63 positions.

Inmates are assisting in the construction of the medium add-on. Herron explained, "The inmates are learning the trade as they build the building."

Scotland Correctional will take possession of the medium facility as early as August 2010 with inmates being received in October or November.

Scotland Correctional will take possession of the minimum custody add-on in January 2011 and expects to receive inmates as early as April 2011.

The existing 1000-bed high security prison employs 406 people, 82 of whom reside in Scotland County.

2010 County participation rate surpasses 2000 Census count

Scotland County's rate of participation in the Census is at 69 percent. National participation is 72 percent while State participation reached 74 percent as of April 26.

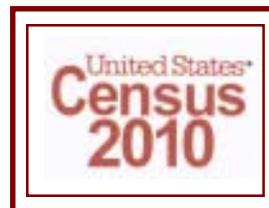
Scotland County's participation was 56 percent in 2000, compared to 66 percent statewide and 72 percent nationally.

Robeson County's participation rate is 65 percent; Richmond County, 67 percent; Hoke, 67 percent; Cumberland, 70 percent; Anson, 75 percent; Lee, 71 percent and Moore, 76 percent.

Enumerators will be conducting a door-to-door count of households that did not respond to the Census from May through July.

At stake is \$400 billion in federal funding, which will be distributed to states and communities based on the Census.

Census information also affects the numbers of seats your state occupies in the U.S. House of Representatives.



Public Health Month promoted



Health Department staff organized several activities in April as part of Public Health Month. Staff could be heard on WLNC Radio giving public service announcements. Staff was treated to an appreciation luncheon. Articles were released to the community promoting Public Health Matters!, Rabies Month and Walking Wednesdays. The Health Department used all means of communication to promote Public Health month including a banner display (pictured above), statewide proclamation, child abuse prevention display of educational materials, bulletin boards, child car seat check event and emails sent to County employees encouraging them to watch "A Healthier America and You" video. -- submitted by Kathie Cox, Health Department

911 telecommunicators thanked, recognized

Public Safety 911 Telecommunicators were treated to a lunch April 15 in recognition of the job they do daily as the initial link in any emergency response.

Dispatchers from the Sheriff's Department, the Laurinburg Police Department, EMS and Laurinburg Fire Department attended the lunch.

"This was the first time this group of highly trained, professional telecommunicators have all been together at one time," said EMS Director Roylin Hammond. "Though they communicate with each other from their respective departments on a daily basis, they have never seen each other face to face before."

Hammond added, "This is the first time they have been recognized by Scotland County for the excellent job they do every day getting help to people in need."

In Sympathy Our condolences to **Amy Richburg**, Soil and Water, and to **April Snead**, DSS, on the April 2 passing of their grandmother, Anna Miller, and to **Holly Russell**, Parks and Recreation, on the April 6 passing of her father, Roy Russell. Our sympathies to the family of **Reginald Frederick "Mutt" McCoy**, former Commissioner and Board Chairman, who died April 16.

Support of children encouraged

by Wendy Stanton, DSS

National Child Abuse Prevention Month in April was a time to raise awareness about child abuse and neglect and encourage the community to support children and families.

Scotland County Children's Services held events throughout the month of April to promote awareness beginning with the kick off of the *Pinwheels for Prevention* ceremony at the Social Services entrance.

The blue pinwheel represents the nation's effort to change the way people think about prevention by focusing on community activities and public policies that prioritize prevention from the start to make sure child abuse and neglect never occur.

A blue pinwheel at the ceremony represented each child who was currently in the legal custody of DSS.

A total of 67 pinwheels were placed in front of the DSS building. A representative from each unit at DSS participated by placing a pinwheel to represent collaboration and unity within the agency to help raise awareness about child abuse and to help strengthen families.

Other events organized by Children's Services during the month of April included the 4th annual family fun day, the signing of a proclamation in recognition of Child Abuse Prevention Month, a stuffed animal drive, art and poetry contest and Blue Sunday.



Each of the 67 pinwheels represented a child currently in the legal custody of DSS.

Introductions & transitions

Welcome to those individuals who joined Scotland County departments since February 16, 2010: **Amber Morrison** and **Michael Woods**, Jail; **Kirk McBride**, Revaluation; **William Edge**, Sheriff; **Michelle McRae**, DSS; and **Matthew Smith**, part-time with Parks and Recreation.

the Birthday list for May

2 James McQueen (DSS); **3** Kathy Medlin (Sheriff); **4** Teresa Vick and Tosha McQueen (DSS); **5** Rhonda Saffel (Tax); **9** James E. McQueen (Transportation); **10** Mike McGirt (Public Buildings), Kelvin Raybon (Health) and Michelle McRae (DSS); **11** Nancy Bostick (Administration) and Trina Locklear (DSS); **12** Crystal Norton (Register of Deeds); **14** Dontae Roland (EMS) and Daniel McClellan (Sheriff); **15** Tracey Ansley and Roxanne Douglas (DSS); Kenneth Bethea (Jail) and Jonathan Taylor (EMS); **17** Scott Jacobs (Sheriff); **18** Clarence McPhatter (Commissioner) and Rebecca Griffin (DSS); **19** Keith Faulk (Public Buildings) and Sarah Craig (DSS); **20** Billie Phillips (Tax) and Tony Smith (Sheriff); **21** Bob Davis (Commissioner) and Gregory Tuck (Jail); **24** Pearlene Leggett (Health); **25** Gail Jackson (Sheriff); **26** Jennifer Taylor (Health); **29** Dennis Currie (EMS) and Myra Hill (DSS); **30** Tryon Jacobs (DSS); **31** Wayne Mace (EMS).

County schools celebrate Earth Day

Text and photo by Martha Norfleet, Soil and Water

Nine County schools celebrated Earth Day thanks to the Soil and Water Conservation District staff.

Amy Richburg and Martha Norfleet visited the schools to make Earth Day presentations. They worked with students from pre-k through fifth grades. When all presentations were completed, 80 classes and more than 1,450 students learned of the benefits of Earth Day.

Pre-k through fourth students made crafts such as butterfly fans, ladybugs, bumblebees, honey bears, happy world puzzles, small caterpillars, sunflowers, coffee filter butterflies, respect our environment puzzles, litterbags and big caterpillars.

Fourth grade students also played the left/right game and fifth grade students played Earth Day bingo.

Each presentation included hands-on activities for students as well as activity sheets, door hangers, bookmarks and pencils for them to use as a reminder that the earth is ours to use and preserve for future generations.

Students were reminded that although Earth Day is celebrated April 22, every day is important in keeping the environment clean and beautiful.



Washington Park first graders display the small caterpillars they made in celebration of Earth Day.

House of Raeford destroyed by fire

Text and photo by Roylin Hammond, EMS

A large fire late night April 1 that continued into morning destroyed the House of Raeford poultry processing plant at the Laurinburg/Maxton Airport.

The fire was discovered by employees working second shift at the plant.

Twelve fire departments responded to the call including all Scotland County fire departments, plus manpower and equipment from Quehill, Evans Cross Roads, Pembroke, Hamlet and Fairmont.

The Area 3 North Carolina Hazmat team from Fayetteville Fire Department also responded along with staff from North Carolina Emergency Management. Also responding were Progress Energy staff, EMS and rescue personnel, Scotland County Red Cross, Scotland County Emergency Management, Laurinburg/Maxton Airport, water plant staff and the Scotland County Sheriff's Department.

The fire was under control by 3 a.m. Friday. Fire Department officials remained on the scene long after sunrise.

The plant, which employed 60 people, was a total loss. Cause of the fire is being investigated by the NC SBI and has not been determined at this time.

County officials are working with the House of Raeford to investigate options so the company might stay in the area.



The fire was under control by 3 a.m., but Fire Department officials remained on the scene long after sunrise.

Residents benefit from EMS, SCATS

by Roylin Hammond, EMS

EMS responded to 4,713 requests for service in 2009 with an average response time 8.6 minutes.

The five leading complaints continue to be general sickness, respiratory issues, traffic accidents, chest pains and falls. The top five complaints represented 54 percent of the total call volume at EMS.

In 2009, 66 percent or 3,141 responses were made to residential locations, while 482 or 9.7 percent of responses were to traffic accident and 9.2 percent or 436 responses were to either businesses or industrial locations.

The four 911 EMD dispatchers received a total of 27,091 calls on the four 911 trunk lines in 2009 plus another 18,116 calls on two administrative lines for a total of 45,207 calls.

The dispatch staff performed 996 walk-in blood pressure checks and made 147 blue reflective 911 address signs for other walk-in clients. Dispatch staff also recorded 2,176 transport trips and times for Braveheart Medical Transport, contacted Animal Control staff for after-hours calls 341 times and paged 31 National Weather Service Bulletins in 2009.

Dispatchers also logged the 406 medical transports that were performed by the FirstHealth ambulance and crew stationed at Scotland Memorial Hospital from 8 a.m. to 8 p.m. daily.

Scotland County Area Transit System (SCATS) transported 30,761 riders in 2009. Funding sources provided to SCATS allowed for the transportation of 2,662 riders aged 60 years or above, 3,996 elderly or disabled clients, 6,481 riders that were Medicaid recipients and another 2,068 riders that were part of the Work First Program.

Outside funding along with the one dollar charge per day per rider allowed 15,438 riders to travel on the two 12-mile fixed route loops around Laurinburg.

SCATS drivers also transported patients to the two dialysis clinics in Laurinburg 4,114 times in 2009. SCATS office staff received 18,331 telephone calls requesting either transport service or system information.

 **Primary Election, 6:30 a.m. to 7:30 a.m., May 4**

Spring heralds in popular 4-H embryology program



4-H'er Dawson Clark, son of Annie Freeman, Cooperative Extension, participated in spring's 4-H embryology project and LOVED IT!

In 2010, one home-school family and nine schools, totaling of 55 classes and more than 900 youth implemented the 4-H embryology program, which provides an experiential, hands-on approach to learning.

Scotland County 4-H provides incubators, brooder boxes, heat lamps, feed, curriculum and training to facilitate the project. In the coming month, three more schools will participate in 4-H embryology.

EMStatistics

EMS Report for March:

Responded to 420 Medical/Trauma calls

Treated 30 total traffic accident patients

Animal Control calls after hours/emergency 34

Sold 22 blue address signs

911 Report Highlights:

403 EMS

364 Sheriff's Department

311 Laurinburg Police Department

104 Fire Department

893 hang-up calls

73 wrong numbers

64 open line calls

1,923 cellular calls

2,545 total calls to 911

Top five complaints for EMS Response

84 sick person (specific diagnosis)

44 transfer/interfacility/palliative care

35 falls/back injuries (traumatic)

32 chest pain

30 breathing problems

30 traffic accidents (total patients)

Weather Observations

(EMS Recordings)

Temp (high) 81 on 3/31

Temp (low) 27 on 3/7

Wind (mph) 26 on 3/13,29

Rainfall (inches) .55 on 3/13,29

Compiled by Tommy Hatcher

Robust Shred Day turnout fills truck early

The second annual Shred Day drew more than 200 citizens and safely disposed of 9,700 pounds of paper in less than three hours.

Cooperative Extension and Extension and Community Association (ECA) sponsored the event where Shred-It, a company that specializes in secure document management, shredded personal papers for participants.

Shred-It offers community shred events to increase the knowledge of identity theft and make communities safer places to live. The service was offered free of charge for a three-hour time period or until the truck was filled, which ever came first. Shred-It accepted four bags/boxes or 100 pounds per person.

"This year, we filled the truck by 11:45 am," said Sharon English, Cooperative Extension Family and Consumer Science Agent.

"According to Shred-It officials, the 9,700 pounds of shredded paper represented 48.5 trees," English added.

Volunteers were on hand to assist in loading and transporting documents to the truck for shredding.

For Nona Hubbard, a Laurinburg resident, the event was highly anticipated. "The opportunity to safely dispose of confidential information is a benefit to me. I didn't want to throw away my paperwork because of the possibility of identity theft. This event provided me with a sense of security."

Although not yet confirmed, English is confident Shred Day will become an annual event based on the success of the two previous community Shred Days. "This is a safe, economical and environmentally friendly way to rid our homes of potentially damaging information," she explained.



With volunteer help, nearly 10,000 pounds of paper was shredded.

EMS learns procedures for sports injuries

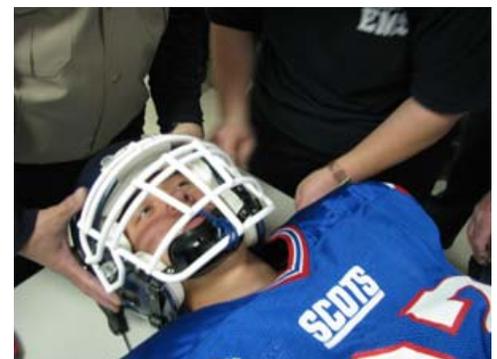
Text and photo by Roylin Hammond, EMS

EMS participated in a sports injuries course as part of the agency's continuing education. Zach McNeill, long time professional trainer for Scotland High School, gave a presentation on sports protective equipment and the proper way to remove equipment to access an injured player.

McNeill demonstrated all types of equipment for little league, middle school and high schools players. Donald Locklear, a volunteer fireman and part-time EMS 911 dispatcher, agreed to put on a football uniform so EMS staff could be trained to gain access to him by removing part of his equipment.

McNeill demonstrated special tools used by trainers to remove a face mask when a player is suspected of having a concussion injury.

Local chiropractor Dr. Ray Armstrong gave a presentation on skeletal alignment and muscle development to prevent injury and pain.



EMS staff work to remove a helmet face mask from Donald Locklear.